

**Sons of Norway**  
**Eidsvold Lodge #7-53**  
**Victoria, BC Canada**  
**Runer**



Eidsvoll Manor—Eidsvoll, Norway

December 2022

Volume 45 Issue 10





### Executive Board 2022

President: Linda Murray

Vice President: Scott Ingbritson

Past President: Loretta Pearson

Treasurer: Torgeir Hansen

Financial Secretary: Joan Knapp

Secretary: Daphne Shaw

Cultural Dir.: Marg Sorensen

**Eidsvold #7-53 @ Norway House**  
**1110 Hillside Avenue**  
**Victoria, British Columbia,**  
**Canada, V8T 2A7**

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[www.eidsvoldsofn.com](http://www.eidsvoldsofn.com)

Hall Rentals:  
[norwayhousehallrentals@gmail.com](mailto:norwayhousehallrentals@gmail.com)  
 or call 250-386-9812

### Fra Presidenten:

**December** - a time for reflection and spending time with family and friends. I can't believe it's been a year since we re-opened the lodge to welcome back members and renters. We've had a busy year of great food and fellowship. We also completed the interior and exterior renovations to the Hall and house, and welcomed new caretakers. Thanks to everyone who contributed to lodge events and work crews this year. Your efforts helped ensure the lodge's ongoing operations at a time when many groups and facilities were not as fortunate. Please join us for the lodge's Annual General Meeting on December 13 and our Christmas events. We will then take a break until the new year. God Jul and all the best for 2023

**Dec 3** Juletrefest

**Dec 4** Renter craft fair

**Dec 6** Drop in, Leikarring and Board meeting

**Dec 10** Swedish Club St. Lucia

**Dec 11** Renter craft fair

**Dec 13** Norsk Cafe, Drop in, ANNUAL GENERAL MEETING 2 pm & social with Leikarring

**Dec 17** Danish Club Xmas event

**Dec 20** Member Xmas luncheon (turkey with all the trimmings)

**Lodge closed until Jan 3/23**



The deadlines for the Runer in 2022 will be on the 20th of preceding month for the following issues: January to June & September to December. There are no July or August issues. (Subject to change if required)

**Next Board Meeting - December 6th at 6:30pm**  
**Annual General Meeting - December 13th at 2:00pm**  
**Meetings will now be held in the Hall**





### Update from your Kitchen Supervisor

The holiday season is upon us! I hope you're getting ready for the season, however that might look for you. Whether it's thumbing through photo albums and reliving Christmas mornings with young families or leafing through cookbooks to find that cookie recipe that was so successful last year, enjoy it. It's only one month out of the year, and this month goes fast!

It was a busy November in the hall. Although we had to postpone the Members' Appreciation Luncheon until the new year, Drop-In was held a couple of times as well as a Soup's On event, featuring Doug Gamblin's Potato and Leek Soup with Biscuits and Rolls.

There were two sittings for the largest fundraising event we hold annually at Eidsvold: The Lutefisk Dinner. The Covid pandemic made us take a break but we're back at it again. Doug and his crew of volunteers prepared a delicious meal for members and their guests. Over 360 Lefse were grilled in advance of the dinner with members new to making Lefse having the opportunity to contribute to the success of the meal. For those of us who are made of lesser stuff, Norwegian meatballs were also served. The finale, the Riskrem dessert, was divine. It made the perfect ending to a great meal!

Hard on the heels of that success was the Scandinavian Craft Fair held on the 19th this year. Over 500 people came through the doors. With Loretta Pearson sharing Kitchen Captain duties with Elisabeth Jensen, they rustled up a group of sandwich makers who created delicious lunches for customers. These people weren't just sandwich makers: they were Sandwich Wizards! And the leftover Lefse? That sold out in minutes!

Members of the Torskeklubben enjoyed another tasty cod dinner on the 23rd of the month, prepared and cooked to perfection in our kitchen. The group will next meet in January of 2023. Eidsvold members are looking forward to a Roast Turkey with All the Trimmings luncheon on the 20th December.

And now, I leave you with a recipe to try out over Christmas. I came across this on the North Wild Kitchen website and thought you might be interested. Why not give it a try? Happy Holidays!

<https://northwildkitchen.com/lingonberry-cinnamon-sweet-buns/>

Carolyn Ingbritson

[cingbritson.sofn@gmail.com](mailto:cingbritson.sofn@gmail.com)

250-514-3399



## CRAFT FAIR 2022

After two years hiatus due to Covid, we were finally able to host our Scandinavian Craft Fair, on Saturday, November 19/22, from 10-4pm. There were just over 500 people came through the door, looking for those creative gifts and baked goods from the 12 vendors who set up their crafts and wares. The feedback was very positive and everyone was happy to attend, and be back in the Hall. The kitchen crew did an amazing, fantastic job of making those beautiful, mouth-watering "smørrebrød", open face sandwiches.

A huge Tusen takk to all the volunteers who helped, and worked very hard, to put on this very successful craft fair.

- Loretta Pearson



Some of the vendors; Our incredible and talented Eidsvold Lodge crafter's table/Open-face sandwiches/Herb Strandberg at Vendor's Door Prize table/Lisa Tandberg and son Magnus as Door Greeters and handing out tickets/Crafters.





**Welcome new members!**

Arthur (Art) Hanson  
Monika Von Selz

**Gratulerer med dagen!**

1 Nora Szaka  
2 Ethan Simmonds  
6 Lori Sather  
7 Bryan Strudwick  
8 Brooklyn Weber  
10 Darrell Beck  
12 Kelvin Kedves  
12 Bjorn Meyer  
15 Don Walkey  
23 Freya Ingbritson  
24 Mette Fossberg  
28 Scott Ingbritson  
28 Kristian Larsen  
30 Cathy Wetton  
31 Carolyn Ingbritson

**Jenteklubben**

Six members were hosted by Annabelle for a session of crafting on Nov. 10th. Barb, Daphne and Shirley Finstad made Christmas ornaments while the rest of us did some (Swedish) event planning.

Definitive plans have not yet been made for December. Ladies, stay tuned.

Respectfully submitted, Joani

**Torskeklubben**

We had a good and well attended meeting/dinner on October 26th, and enjoyed a delicious and nicely presented cod-dinner, prepared by our very able "In-House" Chef, Doug Gamblin and his helpers.

Toastmaster was Scott Ingbritson, who got the evening's agenda started at 19:00 hours.

The guest speaker was Kurtis Brown from Victoria Pest Control, who gave us an informative presentation on "how to catch a rat".

With all of Greater Victoria's constant rat problems, the methods used for this have gotten very "technical", with use of Underground Cameras, to see the rats' movements.

The 50/50 draw was won by Finn Andersen, and as always it was an enjoyable evening filled with songs, jokes and good fellowship.

Curt E. Jensen

"The Boss Cod"

**Volunteer Sheets**

A reminder as we approach the end of another year to please fill out your sheets, including participation in bottle drives and drive through dinners. You can find a copy of them in this newsletter.

**DONATING YOUR RECYCLABLE BOTTLES, CANS, ETC**

We now have an account with the **Bottle Depot** here in Victoria. Anyone can make a donation to help out at the lodge simply by returning your recyclable cans and bottles there, and requesting that they be credited to the Sons of Norway Victoria account. Below are the details;

The charitable account for **Sons of Norway Victoria** includes the **4261 Glanford Ave, 655 Queens Ave, & 3961 Quadra St** Bottle Depots.

We also have an account with the **Sidney Return It Depot on Galaran Road** for those of you in the North and Central Saanich areas who wish to donate your empties to the lodge. The account name is **Sons of Norway**.

### News From the Library

There is no Book Club meeting in December. The next Book Club meeting will be 11:00 Tuesday, January 3, 2023. All are welcome!

Choose to read any novel by the popular author, Fredrick Backman (A Man Called Ove, Beartown and many others).

New books in the Library:

**Cold Earth from the Shetland** series by Ann Cleeves

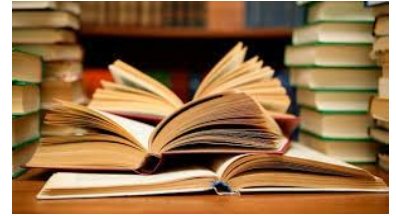
**The Historians** by Cecilia Eickbäck. It's historical fiction set in Sweden in WWII

**A Death in the Family** is the first of Norwegian author, Karl ove Knausgaard's autobiographical novels

**The Second World War** - a short history by R.A.C. Parker

You can contact me at [ellenlhanson@hotmail.com](mailto:ellenlhanson@hotmail.com)

Ellen Hanson, Librarian



### Lutefisk Dinner



Thanks to everyone who supported the Lodge's annual lutefisk lunch and dinner events. We were treated to lutefisk, meatballs, lefse, and riskrem, as well as a rousing rendition of 'Oh Lutefisk' by our Torskeklubben members. We sold the remaining lefse at the craft fair (in 20 minutes!). We have a few packages of lutefisk left for sale (see the separate note in this Runer edition).



### Applications for Membership:

Please feel free to recommend new members. All applications, whether by mail, email, or hand, must be submitted to the Lodge Membership Secretary for presentation to the general membership to be properly voted on and forwarded to Head Office.

Joani Knapp

### MYRTLE'S BOOKS

From Fjord to

Float House \$20

Gunhild's

Granddaughter \$16

Lifelong Learning \$18

Float House Family

Favourites \$22

Myrtle 250-360-6109

[www.myrtlesiebert.com](http://www.myrtlesiebert.com)



### Dues Renewal

Renewal fees are payable to **Sons of Norway** by:

1. Putting your payment, and the bottom portion of the renewal form, in the return envelope provided and sending it directly (US postage).
2. Logging in to the International website and renewing online by credit card.
3. Sending it to Joani Knapp to get it processed. (See back page for her contact information.)

**Hello fellow walkers,**

The next walk will be on Sunday, December 4th at 1:30 PM This will be our last Sunday walk. By popular demand, starting Saturday, January 7, 2023, we will convene our walks on Saturdays at 11:00 am and meet at a nearby restaurant afterwards for lunch around 12:30 PM.

Date: Sunday, 4 December 2022  
Time: 1:30 – 3 PM  
Circuit: Lambrick Park to Mt Doug  
Meet: Meet at front entrance to Gordon Head Recreation Centre, Lambrick Way, off Feltham Rd.  
Coffee: Starbucks; 4077 Shelbourne St.

Please note that the walk will take about 1.5 hours. It's mostly on sidewalks on fairly level terrain.

Van Williams at 778-265-7860 or [vanwilliams@shaw.ca](mailto:vanwilliams@shaw.ca)



Swan Lake—November 2022

Photo by Gloria Sander

**Cultural Report****Norsk kafe**

This very informal group is meeting on December 13, then we are taking a break until the New Year. Our meetings in January will be Tuesday January 10 and 31 at 10:30.

New members are always welcome.

**Craft Fair**

Many thanks to everyone who helped make and sell crafts at the recent Craft Fair. We also sold packages of krumkaker at the fair, but there are still some packages available for sale at upcoming Lodge events. Enjoy these yummy treats baked by Lodge members. Many thanks to our krumkaker bakers for making these special treats.

A special thank you goes to Reta Mason who made wonderful felted nisser for the sale. Thanks to everyone. We could not have done it without you.

Contact me for further information. Marg Sorensen [mjsorensen@telus.net](mailto:mjsorensen@telus.net)







## FOUNDATION NEWS

Hello Eidsvold Members!

Thank you so very much for supporting the Sons of Norway Foundation in Canada by attending and supporting Eidsvold's annual fundraiser!

Our 2022 event held on Tuesday Oct 25th raised over \$5,300 of funds!

Total funds donated to SONFIC General Fund: \$2,105.15

Total 'pass through' funds donated to Eidsvold Cultural Centre \$1,835.00

Forty-four luncheon tickets were sold, with \$5 of each ticket going directly to the Foundation. There were 28 Silent Auction items that were enthusiastically bid on to a total of \$779, which went directly to the Foundation. And Reta Mason received her Platinum level Sons of Norway Foundation in Canada pin!

A more detailed report can be found in the Nov general meeting minutes, for those interested.

Thanks so much to my Band of Merry Workers - with whom the whole event would not have been possible: Doug, Mary-Ella, Loretta, Gary, Marilyn, Herb, Linda and Joani. Additionally, there were many hands assisting with set up and clean up, and those who donated items for the Auction - you all have my gratitude.

Thank you for coming out to support the Foundation, Eidsvold! You did the Lodge proud!!

Fraternally,

Lisa Tandberg

Eidsvold 7-53 Foundation Director & SONFIC Board Member



### Looking for a Christmas stocking stuffer?

Member Name Tags are available for \$10 with a pin backing and \$15 for the magnetic backing until the end of the year. Order before December 25th to beat the January price increase!

Tags are made of metal and have a brushed bronze finish.

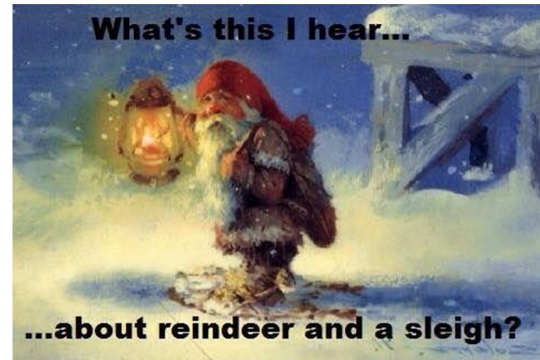
Contact Joani Knapp to order.



**Your Name Here**

**Eidsvold Lodge #7-53**





**COME AND JOIN IN THE CELEBRATION OF A  
NORDIC JULETREFEST**

**SATURDAY, DECEMBER 3, 2022**

**1:00-4:00PM @ NORWAY HOUSE**

**1110 HILLSIDE AVENUE, VICTORIA, BC**

There will be arts, crafts, games, music, & finding the Nisse  
Coffee, tea & juice will be provided

Adults ~ please bring a small tray of finger food (fruit, veggies,  
cheese, crackers, etc.) or a sweet Nordic treat

Santa will arrive at 3:00pm.

There will be gift bags designated for boys and girls

Everyone is invited, whether you are young or just young at heart

Please RSVP with number of adults & boys & girls

by Friday, December 2, 2022

to: Loretta Pearson ~ (250) 889-8491 (call or text or email)

lorettapedersen@hotmail.com



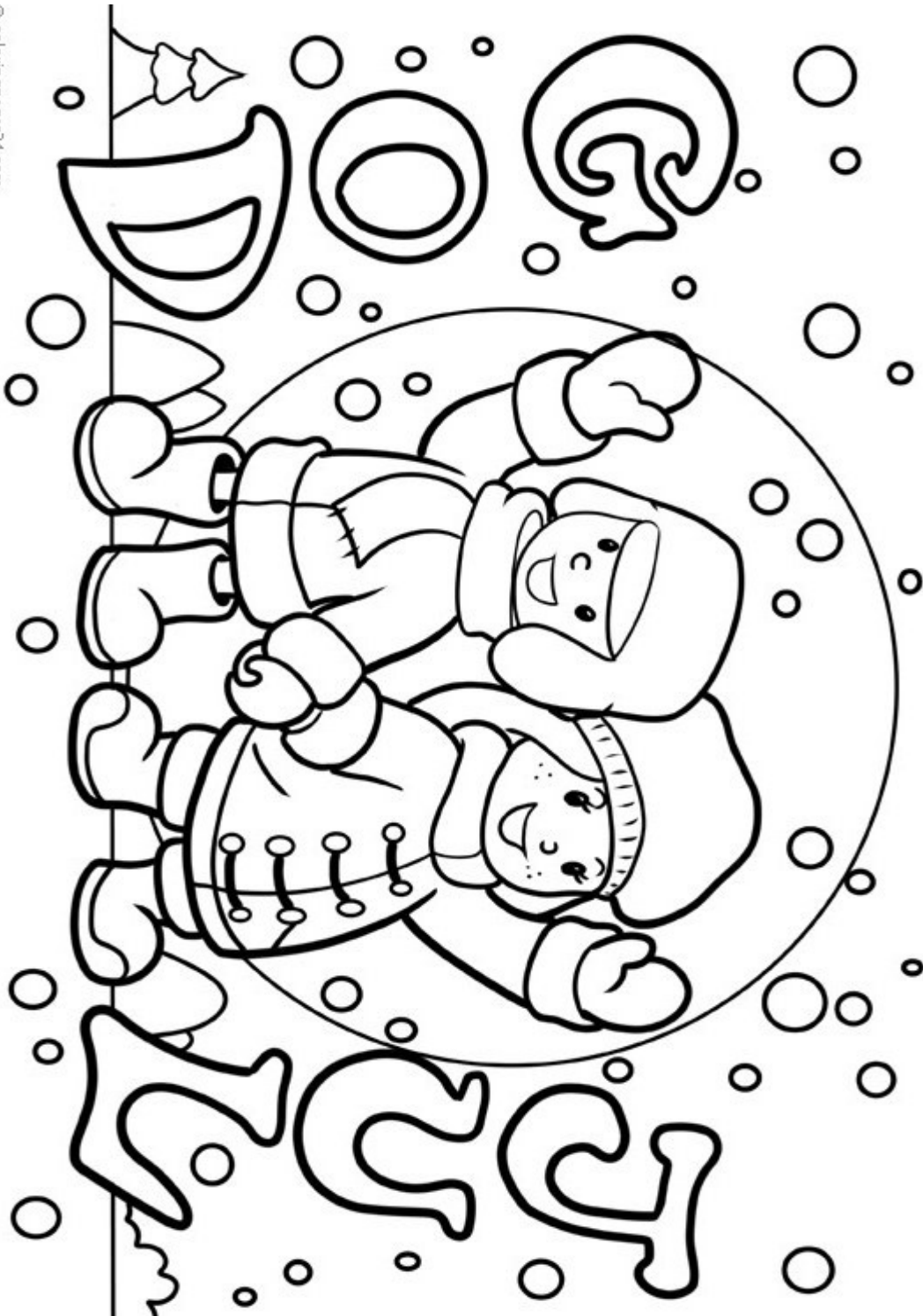


# Barnekroken (Children's Corner)



The Barnekroken (Norwegian for "Children's Corner") is a NEW section in the Runer for kids! Here you will find a variety of fun, seasonal activities especially for you!

© coloringpages24.com





## EIDSVOLD LODGE #53 SONS OF NORWAY

**Please record your activity hours, including your transportation time, for both community services and lodge functions. This data is used for mandatory reporting that maintains Sons of Norway's tax-exempt status.**

Name: \_\_\_\_\_ Jan—June 2022

	July	August	Sept	Oct	Nov	Dec	Total
Lodge General Meetings							
Board Meetings							
Officer Duties							
District/National Conventions							
Workshops							
Miscellaneous (phone, paper work, shopping for lodge, travel, etc.)							
Tuesday Luncheons/ Drop-In							
Monthly Social Event							
Cultural Skills Program							
Language class							
Rosemaling							
Hardanger							
Knitting							
Juletrefest							
Syttende mai							
Sports Medal Program							
Walking							
Swimming							
Cycling							
Keep Fit							
Skiing							
Golf Tournament							
Craft Fair							
Leif Erickson Day (with Swedes)							
Leikarring							
Bowling							
Jenteklubben							
Torskeklubben							
Ladies Auxiliary							
Sub-total							
Community Events (on behalf of Lodge)							
Quadra Village Day							
Adopt-A-School (George Jay)							
Ski for Light							
Adopt-a-Family (Christmas)							
Leikarring performances							
Craft Fair							
Sub-total							
Visiting sick or nursing/senior residence)							
Grand Total							

**Eidsvold #7-53 @ Norway House 1110 Hillside Avenue  
Victoria, British Columbia, Canada, V8T 2A7**

Phone: (778) 433-0053

email: eidsvold53@shaw.ca

Lodge Website: www.eidsvoldsofn.com

District 7 website: www.sofn7.com

Hall Rentals: norwayhousehallrentals@gmail.com or call 250-386-9812

**EXECUTIVE BOARD:**

President	Linda Murray	250-475-6024	eidsvoldpresident@gmail.com
Vice President	Scott Ingbritson	250-216-2292	westviking@gmail.com
Secretary	Daphne Shaw	250-477-1836	daphneshaw2@gmail.com
Treasurer	Torgeir Hansen	250-716-6689	virginpacific08@gmail.com
Financial & Membership Sec.	Joani Knapp	250-889-8891	tjknapp0@gmail.com
Past President/Counsellor	Loretta Pearson	250-889-8491	lorettapedersen@hotmail.com
Cultural Director	Marg Sorensen	250-598-5289	mjsorensen@telus.net

**PROGRAMS:**

Foundation	Lisa Tandberg	250-886-6890	
Kitchen Coordinator	Carolyn Ingbritson	250-514-3399	cingbritson.sofn@gmail.com
Sports	Van Williams	778-265-7860	vanwilliams@shaw.ca
Youth	Lisa Tandberg	250-886-6890	
Leikarringen	Mel Klassen	250-595-7052	mklassen2004@shaw.ca

**SUPPORT:**

Recording Secretary	Loretta Pearson	250-889-8491	lorettapedersen@hotmail.com
Newsletter	Scott Ingbritson	250-216-2292	runernews@gmail.com
Web Media	Scott Ingbritson	250-216-2292	westviking@gmail.com
Newsletter Distribution	Carolyn Vincent	250-686-4801	carolynvincent62@gmail.com
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Assistant Historian	Joani Knapp	250-382-4097	tjknapp0@gmail.com
Librarian	Ellen Hanson		ellenlhanson@hotmail.com
Assistant Librarian	Catherine Nutting		
Publicity	Carolyn Ingbritson	250-514-3399	cingbritson.sofn@gmail.com
Sunshine	Anna Hendren	250-474-1831	achendren38@gmail.com
Marshals	Curt Jensen	Elisabeth Jensen	Don Walkey
Greeters	Herb Strandberg	Marilyn Johns	Cathy Wetton
Operations & Maintenance	Torgeir Hansen   Gary Pearson	Doug Gamblin	Dan Ingbritson   Sarah Mayo
	Bjorn Simonsen	Bjorn Meyer	

